

SUPERBILL GUIDE



In this packet, find information about the steps you'll need to learn if your health insurance company reimburses for nutrition care.



**nutrition
hive**

Superbill FAQ

What is a Superbill?

A Superbill is a coded receipt for healthcare services provided. It contains information about the service including the healthcare provider's National Provider Identification number, CPT (procedure codes), and diagnosis (ICD-10) codes.

How does a Superbill "work?"

You are billed by the healthcare provider and after providing payment, you will be given a coded receipt (the Superbill). You can provide the Superbill to your health insurance company if you have out-of-network coverage to pursue possible reimbursement for nutrition service session fees.

How do I know if my health insurance company will reimburse nutrition session fees?

Take your insurance card, look at the back of the card, and call the member customer service phone number. Use our handy suggested question list to guide your call. It is suggested that you take notes and record the reference number of the call.

My health insurance company said they would accept a Superbill, now what?

Tell your nutritionist and they will arrange to have Superbills generated during the billing process and you may find them in the Practice Better portal. Submit them to your health insurance company using the method they require.



How do I verify that my insurance will accept a superbill for nutrition Services?

ASK THE FOLLOWING QUESTIONS

Do I have out of network nutrition benefits? Will you accept a Superbill?

Do you reimburse for the following CPT codes: 97802, or 97803? How much do you cover?

Do you reimburse for ICD-10 code Z71.3 (dietary counseling and surveillance), or is a medical diagnosis required from a physician (If so see next page for common diagnosis codes)?

How should I submit the Superbills for reimbursement? Mail? Online?

Write down the day and time of the call, along with the name of the representative and a REFERENCE number for the call:



Want to verify your insurance benefits?

GRAB YOUR INSURANCE CARD, CALL THE MEMBER SERVICE NUMBER ON THE BACK & FOLLOW THESE STEPS:

Your insurance provider will request the following information:

- Nutrition Hive NPI Number: 831518925
- The number for your individual provider:
 - Alyson: 1518478072
 - Amber: 1831734417
 - Ashley: 1649893116
 - Liz: 1356702179
 - Meg: 1417400565
 - Tessa: 1366060642
 - Shaina: 1740829183
- Ask if you have coverage for CPT codes 97802 (Nutrition Intake) and 97803 (Nutrition Follow Ups)
- They will also request an ICD-10 code (see below for commonly used codes)

- Overwe*ght (E66.3)
- Obes*ty (E66.9)
- Pre-diabetes (R73.03)
- Diabetes, Type 2 (E11.9)
- High cholesterol (E78.1)
- High blood pressure (I10)
- Eating Disorder, Anorexia Nervosa (F50.00)
- Eating Disorder, Bulimia (F50.2)
- Eating Disorder, Binge Eating (F50.81)
- Eating Disorder, Other (F50.9)
- IBS (K58.9)
- IBD, Ulcerative Colitis (K51.90)
- IBD, Crohn's (K50.90)
- Celiac Disease (K90.0)
- None (Z72.4)) - Aetna
- None (Z71.3) - Use for Blue Cross Blue Shield & all other insurances

Limited Insurance Panels are accepted including:

- **California:** United
- **Delaware:** Aetna, Anthem, Blue Cross Blue Shield, Highmark, United
- **Florida:** Aetna, United
- **Illinois:** Aetna, B First, Blue Cross Blue Shield, BCBSIL Medicare, Medicare, UHC (United) / Optum
- **Maryland:** Care First, United
- **Texas:** United

If your plan is not listed, ask your health insurance plan if you have out of network nutrition benefits.

NUTRITION HIVE STATEMENT ON INSURANCE BILLING

Evidence has shown that living in a larger body results in biased, non-inclusive, non-client centered healthcare. This biased system results in worse health outcomes, and greater rates of denied medical care for patients. Providers spend overall less time and specifically less time providing health education, resulting in a greater physiological stress on the body. As a result, patients stop seeking medical care.

We believe BMI does not reflect your value or your health status.

You may have access to certain nutrition-related benefits via your insurance provider, albeit through this potentially stigmatizing, harmful lens.

We are grateful to contract with insurance companies and will work with them to maximize your insurance benefits. We are dedicated to helping you receive meaningful care in a non-stigmatizing, loving way.

Gratefully,

Nutrition Hive Team

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