

VERIFYING INSURANCE BENEFITS



In this packet, find information about the steps you'll need to take to verify your insurance benefits



**nutrition
hive**

Want to verify your insurance benefits?

WE CONTINUE TO STRIVE TO CONTRACT WITH MORE HEALTH INSURANCE PLANS, IF YOU DON'T SEE YOUR PLAN LISTED, MAKE SURE TO ASK YOUR BENEFITS REPRESENTATIVE IF THEY WILL ACCEPT A "SUPERBILL."

Limited Insurance Panels are accepted including:

- **California**
 - United
- **Delaware**
 - Aetna
 - Anthem
 - Blue Cross Blue Shield
 - Highmark
 - United
- **Florida**
 - Aetna
 - United
- **Illinois**
 - Aetna
 - B First
 - Blue Cross Blue Shield
 - BCBSIL Medicare
 - Medicare
 - UHC (United)
 - Optum
- **Maryland**
 - Care First
 - United
- **Texas**
 - United

SEE PLAN LISTED? GRAB YOUR INSURANCE CARD, CALL THE MEMBER SERVICE NUMBER ON THE BACK & FOLLOW THESE NEXT STEPS...

Want to verify your insurance benefits?

GRAB YOUR INSURANCE CARD, CALL THE MEMBER SERVICE NUMBER ON THE BACK & FOLLOW THESE STEPS:

Your insurance provider will request the following information:

- Nutrition Hive NPI Number: 1083232474
- The number for your individual provider:
 - Alyson: 1518478072
 - Ashley: 1649893116
 - Liz: 1356702179
 - Meg: 1417400565
 - Tessa: 1366060642
- Ask if you have coverage for CPT codes 97802 (Nutrition Intake) and 97803 (Nutrition Follow Ups)
- They will also request an ICD-10 code (see below for commonly used codes)

- Overwe*ght (E66.3)
- Obes*ty (E66.9)
- Pre-diabetes (R73.03)
- Diabetes, Type 2 (E11.9)
- High cholesterol (E78.1)
- High blood pressure (I10)
- Eating Disorder, Anorexia Nervosa (F50.00)
- Eating Disorder, Bulimia (F50.2)
- Eating Disorder, Binge Eating (F50.81)
- Eating Disorder, Other (F50.9)
- IBS (K58.9)
- IBD, Ulcerative Colitis (K51.90)
- IBD, Crohn's (K50.90)
- Celiac Disease (K90.0)
- None (Z72.4) - Aetna
- None (Z71.3) - Use for Blue Cross Blue Shield & all other insurances

Want to Verify Your Insurance Benefits?

ASK THE FOLLOWING QUESTIONS

Write down if you have a deductible to meet:

Write down if you have a copay or coinsurance per visit:

Write down if you have a visit limit:

Write down the day and time of the call, along with the name of the representative and a REFERENCE number for the call:



NUTRITION HIVE STATEMENT ON INSURANCE BILLING

Evidence has shown that living in a larger body results in biased, non-inclusive, non-client centered healthcare. This biased system results in worse health outcomes, and greater rates of denied medical care for patients. Providers spend overall less time and specifically less time providing health education, resulting in a greater physiological stress on the body. As a result, patients stop seeking medical care.

We believe BMI does not reflect your value or your health status.

You may have access to certain nutrition-related benefits via your insurance provider, albeit through this potentially stigmatizing, harmful lens.

We are grateful to contract with insurance companies and will work with them to maximize your insurance benefits. We are dedicated to helping you receive meaningful care in a non-stigmatizing, loving way.

Gratefully,

Nutrition Hive Team

